

Wholesome Bellies

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Hi, I'm Fiona, a passionate plant-based, home cook.

Wholesome Bellies was created from my passion for healthy eating and cooking. A home cook since my teens, I grew up in the hospitality industry, spending most weekends since my early teens at our family restaurant. My mum was the head chef and I was surrounded by incredible cooks.

Wholesome Bellies is a resource to help you create simple, nourishing, plant-based meals in your kitchen. My intention is to inspire you to fall in love with vegetables, and learn how to transform plants into mouthwatering, unbelievable meals your friends and family will keep coming back for.

For more details, please visit https://au.ibizexpert.com/wholesome-bellies-morningside-21375